



Wespath
BENEFITS | INVESTMENTS



YOUR MENTAL HEALTH MATTERS

Start your journey to better mental health today.

HealthFlex offers a range of programs that empower you to take control of your mental and emotional well-being. During Mental Health Awareness Month, take time to prioritize your mental health and explore the resources that HealthFlex has to offer.

Not sure where to start?

Use the web-based interactive mental health guide to explore your options and find the right resource for you.



Learn about these programs and more in the guide.

MDLIVE® Behavioral Health

No cost through 2024

You and your HealthFlex-covered dependents (ages 10 and over) can connect virtually with a licensed therapist or a board-certified psychiatrist.

Employee Assistance Program (EAP)

No cost for 8 sessions per concern per year

The EAP can help you or anyone in your household access confidential counseling and support on a wide range of topics.

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Wespath Benefits and Investments

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First Name Last Name

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Address 2

City, State XXXXX